

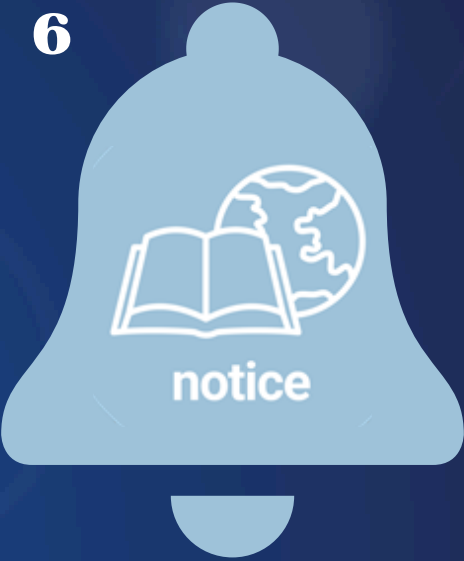
*Hush the Noise  
Join the Love Song  
this Christmas*



Use as many Eco Friendly gifts/ cards/ paper as possible.

Offer up your place in a queue.

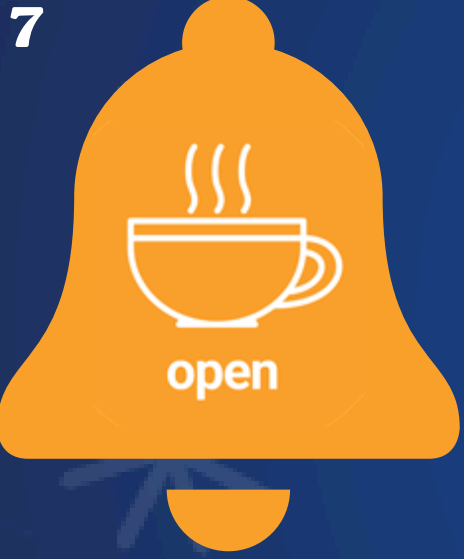
As you write and receive Christmas cards



Consider holding a Blue Christmas / Empty Chair service.

Take part in a reverse Advent Calendar

Use the 'Hush the Noise' emails to help you look for God in each day.



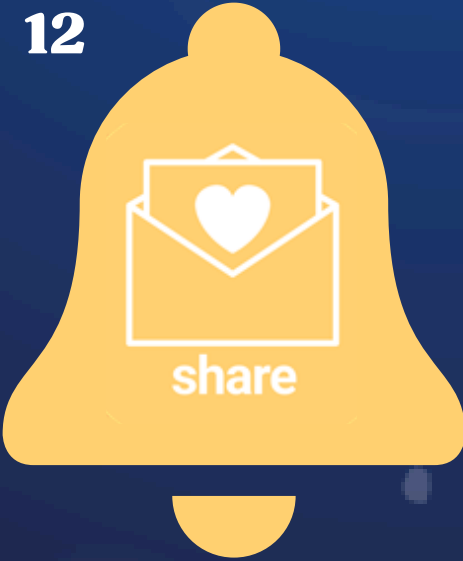
Offer a hot drink / mince pie to shoppers passing your church



Use 'Hush the Noise' postcards to invite people to your events

Offer a Taizé style service for people at the end of their day

Read a chapter per day of Luke's Gospel.



Give words of thanks to all who serve you at checkouts.

Share and Like the 'Hush the Noise' campaign on social media.

**A Methodist Way Of Life**  
for the Advent & Christmas season